

ORGANISATION NAME	TELEPHONE NUMBER
Advocacy for Older People	01234 218880
Advocacy for Older People	01582 470903
Age Concern	01234 360510
Alzheimers Society- North & Mid Beds	01234 327380
Alzheimers Society- South Beds	01582 404077
Aragon Housing - Telecare	01525 862461
Autism Bedfordshire	01234 350704
BDCPS (Bedford & District Cerebral Palsy Society)	01234 351759
Bedford Community Rights Centre	01234 364558
Bedfordshire Library Services	01234 350931
Bedfordshire M E Support Group	01525 750078
Bedfordshire PCT	01234 795867
Befrienders	01525 631323
BRCC - Village Care Schemes	01234 838771
C A B (Citizens Advice Bureau) -Bedford District	01234 354384
C A B Dunstable	01582 661384
C A B Leighton Buzzard	01525 373878
C A B Ampthill	08444 771600
Cancer Care Society	01908 377020
Carelink- BPHA	01234 716420
Carers in Bedfordshire	01234 214914

ORGANISATION NAME	TELEPHONE NUMBER
Carers Support Bureau	0800 039 1234
Disability Resource Centre (DRC)	01582 470900
Face 2 Face	01234 214914
Family Groups	01234 316801
Family United Network	01582 470900
Headway N Beds	01234 310310
Headway S Beds	01582 876729
Homestart	01234 270601
Hospice at Home Volunteers- Ampthill	01525 841400
Hospice at Home Volunteers- Dunstable	01582 666996
Hospice at Home Volunteers- Bedford	01234 772433
Hospice at Home Volunteers- Leighton Linlade	01525 854713
John Grooms Lifestyle Choices	01234 838884
Learning Difficulties Carers Forum	01582 519397
Macmillian Cancer Care	0808 808 2020 TBC
M S Luton / Dunstable	01582 593404
M S Therapy Centre	01234 325781
MENCAP	01582 560003
Motor Neurone Disease Association- Bedford	08457 626262 (helpline)
Motor Neurone Disease Association- South Beds	01582 613052
Multiple Sclerosis Society - L B & District	01525 372248
Muscular Dystrophy	01234 217027

ORGANISATION NAME	TELEPHONE NUMBER
PALS (Patient Advice & Liaison Services)	01234 409432
Parkinson's Disease Society- Luton & District	01582 727833
Parkinson's Disease Society- Bedford & District	01933 356330
Pensions Service	0845 6060265
Ramgharia Senior Citizen Group	01234 210916
Rethink Bedfordshire Carers Project	01234 310129
Royal British Legion	01480 478522
SSAFA (Soldiers, Sailors, Airmen and Families Association)	01525 875071
Sight Concern	01234 311555
SPACED	07950301426
Spurgeons Young Carers	01234 857826
The Pioneer Group	01234 351150
The Stroke Association	01234 792686
Village Care Schemes	01234 838771
WRVS - Good Neighbours	07999 532344
WRVS - Good Neighbours	07919 991543